

Fatal factors on the road

Fatigue quiz

1. According to WA Police, around ___ lives are lost in car crashes every year with fatigue as a reason.
2. What does the Road Safety Commission suggest are symptoms of fatigue?
3. What is a micro-sleep?
4. What is the duration of a micro-sleep?
5. Why is a micro-sleep considered dangerous?
6. Can fatigue affect those driving on short trips? Why or why not?
7. What are some warning signs that the driver might show if they are fatigued?
8. The Road Safety Commission has quoted that 'fatigue is a silent killer.' Why do you think this is?
9. What are three things you could do to reduce your chances of being fatigued before driving?

Extension

If you have an internet connection, there is an interactive resource where you can test your reflexes and concentration ability from how you feel right now. Head to

testyourtiredself.com.au



Write a short paragraph to outline what you've learnt from the experience



For the better